

COLAISTE



IOGNAID

Coláiste Iognáid Rowing Club Newsletter April 2018 Edition No 10.

Welcome to our Newsletter to all current and former Rowers and friends of Coláiste Iognáid Rowing Club. All previous editions of the Newsletter can be seen on our website circ.ie. and this site includes much current and archive material going back to the formation of the club.

The Newsletter will be sent to all rowers for whom we have an email address. We appeal to all to pass the newsletter on to other former rowers and to forward any contact details or suggestions to us at our e-mail address rowingiognaid@gmail.com .

Good News Congratulations to Dominic Burke on the recent arrival of baby daughter Beavin.



***Colaiste Iognaid Rowing Club Winners of the Overall Schools Rowing Championship 2018
at The Schools Regatta in O Briens Bridge Co Clare 29th April 2018***

Our Alumni Club known as Club Ramhaidh Naoimh Iognaid is now officially registered with Rowing Ireland and is open to all at a modest membership cost of €120 per annum. We are launching the club formally on the afternoon of Sunday 1st July and hope to have as many former and current rowers present for the launch of the club and blessing of our new Tour Boat. This boat has been in use recently by parents of current rowers and teachers from the school staff who are giving rowing a try. These groups to date have had the very best conditions with the only danger being sunburn



All had most enjoyable experiences in the excellent weather. This is continuing most Saturday and Sunday mornings and will extend to other times later. This might be a very pleasant opportunity for vintage former rowers to renew rowing and if you make contact with Evan Molloy at 085-1604016 this can be arranged.

Teachers on the water Linda O Hara Stk, Catherine Hickey (3) and Margaret Gill(2) in club New Tour Boat

Club News

The numbers rowing in the club now exceeding 70 active rowers are putting severe strain on all aspects of the club organisation. This is very positive and is a good problem to have but needs addressing. A very well attended meeting was held with parents by the club on Wednesday April 25th and many issues relating to these difficulties were outlined by the club chairperson in regards to Club Finances, Coaching, Equipment, General Organisational Resources and the need to examine our structures going forward to ensure that they are appropriate for a club with over 70 active rowers. Issues concerning compliance with Child Protection Legislation were also discussed. There was a great appreciation by parents of the significant benefits which their children derive from the club and a willingness to address the difficulties particularly resource and organisational issues. A group was formed to examine these issues over the summer and report back with recommendations for the future to be adopted for the next season beginning in September. This group have already been very active in gathering information and developing proposals for the future. Any and all inputs are welcome.

The tourboat is very similar to the old fashioned wherry for those who remember and is rigged for four rowers each with two oars. It is intended that it will be used to train beginners but also for use by parents, teachers and former rowers. Former Rowers may find this an easy reintroduction to rowing

A further issue arising is Data Protection and the requirements of GDPR. The Colaiste Iognaid Rowing Club and the new Club Ramhaiochta Naoimh Iognaid are preparing protocols in this regard and currently advise all members, parents and the circulation list for this Newsletter that the information held in regards to them consists of addresses, contact details and in the case of registered rowers dates of birth (which are required to register them with Rowing Ireland) and in very specific cases rower's basic details of medical conditions which coaches need to be made aware of. The latter is provided by parents at the request of the club to ensure rower wellbeing. None of this information is made available outside of either club and if there are any queries in regards to same please contact Evan Molloy at 085-1604016.

Rowing News

Neptune and Commercial Regattas 7th and 8th April: The club (excluding the first years) travelled to both these Regattas for the first time in many years. Both Regattas had packed programs extending from early morning until late in the evening. All rowers and coaches stayed overnight at Gormanstown in Hostel type accommodation with dinner and breakfast provided. The club had wonderful success at both regattas winning a total of 17 no events including the Best Club award at Neptune Regatta Saturday 7th April.

The wins at Neptune were JM18 4+, JM18 4-, JM16 8+, JM15 2x, JM14 2x, JM15 4x+, JW18 4x- and the overall best club Trophy

Gerry Murphy of Neptune Regatta presenting the overall Best Club Trophy to Katie Ryan and Luke Flynn Club Captain



At Commercial Regatta on Sunday 8th April the club followed with a total of 10 victories and many excellent performances. Through a packed program the club won the following events

JM18 4+, JM18 4-, WJ18 4x+, MJ16 8+, WJ18 4+, WJ18 8+, MJ14 2x, MJ15 4x+, WJ15 4x+ and WJ15 2x.

The regattas featured wins by rowers in the club who had not won at any previous regattas and all deserve great credit for outstanding performances. Many very tired rowers left Dublin in great form on Sunday evening.

Skibbereen Regatta scheduled for the weekend 14th and 15th April at the National Rowing Centre at Iniscarra Lake in which the club had entered all rowers was cancelled due to anticipated poor weather conditions.

Limerick and the Schools Regatta on 28th and 29th April. These events were held in good conditions at O'Brien's Bridge on the River Shannon over the Saturday and Sunday with Limerick Regatta on Saturday and the Schools Regatta on the Sunday. The club had somewhat mixed results on Saturday but Sunday was a great success. Saturday was a normal regatta and the club had wins at JW18 2-, JM16 8+, JM15 2x, JM15 4x+, JW15 2x.

On Sunday the Schools Regatta was held which featured over seventy schools from all over the country. These feature many schools which do not have their own clubs but provide large numbers of rowers to local rowing clubs such as Laurel Hill in Limerick who provide rowers to many clubs in Limerick and St Brigids in Killarney who provide rowers to Muckross Rowing. This Schools Regatta features the Schools Championship for overall best school and includes events across all the underage spectrum with the normal under 18 grade replaced by under 23 which ensures that all students at second level colleges can participate. The overall School Championship is awarded to the best school based on the six best results achieved by the

school club and in the event of a tie goes to the school with the biggest boat wins ie eights score higher than fours etc in countback. The club achieved a total of 10 wins with outstanding performance in a number of events ie the under 23 Mens Eight with former captain Daragh Coen who is over 18 stepping in, the boys under 16 eight and the W23 2- with Caoileann Nic Donncha and Elise Carney Frazier repeating their great win in the JW18 2- of the previous day at Limerick Regatta.



- The following wins were recorded at the Schools Regatta
- **MU23 8+**
- **MJ16 8+**
- **MJ15 4x +**
- **MJ15 2x**
- **MJ14 2x**
- **MJ14 1x**
- **WU23 2-**
- **WJ15 4x+.**
- **WJ14 4x+**
- **WJ14 2x**

- *Elise Carney Frazier and Caoileann Nic Donncha after their great win in the u23 coxless pair*

Lough Rynne Regatta and Blessington Regatta scheduled for 5th May and 26th May respectively were both cancelled due to poor weather conditions. The club had entered for both with a full entry for Lough Rynne and all except first years entered for Blessington.

Castleconnell Sprint Regatta on the 19th May. The club entered mainly under 14, 15 and some under 16 events and only first and second years travelled to this Regatta. The regatta is geared towards these age groups and had a large entry of same Many first year parents also travelled to this regatta which was very well attended by under 14, 15 and 16 crews. The first years had many good rows over the 500 metre course in quods and octs but the lack of experience showed against other clubs. The club had wins in the following events

JM14 1x (two wins), JM14 4x+, JM14 2x and JW14 2x..

Annual Club at Home Day Sunday 1st July at Club

Following on from last years very successful Renewal Day held on the 2nd July ie the first Sunday in July we are holding a similar event this year on the 1st July at the club. It will be the official launch of our alumni club Club Ramhaidh Naoimh Iognaid. Start time will be at 2.00pm and all former rowers are invited to come to the club and go for a row. We will have eights and tourboats available to facilitate whichever type of rowing is preferred. Fr Murt Curry will name and bless our new tourboat at 4.00pm.

All are welcome and please pass on the message to your contemporaries in Rowing

A copy of the form to subscribe to the Newsletter and to join the Club Ramhaiochta Naoimh Iognaid is included with the Newsletter please continue to support our Club.

Newsletter Subscription Form

Includes membership of Club Ramhaiochta Naoimh Iognaid

To subscribe and join please download and complete the following and return the completed form to rowingiognaid@gmail.com

A copy of each quarterly newsletter will be forwarded to you and a copy of the club history "Eighty Years Rowing" will be sent to you. The Newsletter will be sent by email. Your subscription will be directed exclusively towards the "Boat Fund".

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The payment of the €120 annual subscription can be made directly to the following account please include your name as reference followed by FCIRC

Bank: Allied Irish Bank, 18 Eyre Square, Galway, Ireland

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