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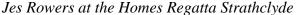
Coláiste Iognáid Rowing Club Newsletter July 2019 Edition No 15.

Welcome to our Newsletter to all current and former Rowers and friends of Coláiste Iognáid Rowing Club. All previous editions of the Newsletter can be seen on our website circ.ie. and this site includes much current and archive material going back to the formation of the club.

Our club has just had a tremendously successful three months with two Irish Championships won, the Anderson retained and five rowers participating in the Homes Regatta including an all Jes crew Irish victory at Strathclyde Scotland with many Jes supporters on hand to witness same.

The Newsletter will be sent to all rowers for whom we have an email address. We appeal to all to pass the newsletter on to other former rowers and to forward any contact details or suggestions to us at our e-mail address rowingiognaid@gmail.com.







Jes JM4+ Irish Champions

The Homes International Regatta Strathclyde Scotland Photo L to R Elise Carney Frazier, Ellen Forde, Thomas Hume, Sam Reidy, Paul Tannian.

JM4+ Photo L to R John Lawless Coach, Sam Reidy, Thomas Hume, Paul Tannian, Aaron de Burca (Cap), Dara Elberse, Mattie Kelly Coach.

Rowing Training continued apace from late May onwards with some disruption due to Junior Cert, we had no rowers in the Leaving Cert. There was considerable competition for seats among the Junior 18 mens squad and the eight put in some topclass performances in training on the Corrib. Overall the rowers across all ages were gearing up well for the last part of the season. Coaches Robert Mc Inerney, Phillip Buckley and Daragh Coen returned having finished college terms and gave great assistance across the board with crews.

Our Recreational rowing got started following formalisation of arrangements with the school greatly assisted by Linda O Hara and Adrian O Neill both teachers in the school. Ruth Smith, a parent of one of the rowers has taken a major role in organising this activity which has since generated very considerable involvement of parents and friends. This has the potential to generate a substantial income stream for the club going forward.

Club News On Sunday 7^h July at our rescheduled At Home Day Fr Murt Corry SJ blessed our new pair named after the late Kennedy O' Brien SJ and we were delighted that Redmond and Kennedy's sister Mary were present with members of the Ward family. In his blessing Murt included a wish for those using the boat to achieve success. Our original At Home Day for the 30th June was deferred as Cork Regatta was rescheduled for that date.

A serious issue for all clubs arising from the cancellation of regattas is the lost costs involved in late cancellation of accommodation and also the forfeiture of part of entry fees for specific events. In the case of the twice cancelled Cork Regatta the club lost over €700 in accommodation costs and this could have been much greater but for the very reasonable approach taken by the UCC accommodation authorities.

Rowing News

We did not attend **Athlone Regatta** which was scheduled for Saturday 14th June as Galway Regatta was the following day but may reconsider this in future years as the Galway entry is very limited and the racing is over a short course.



The Galway Regatta
was held on Sunday
June 15th at Dangan
on a 500 metre sprint
course with the
exception of the
Anderson which was
rowed over 1000
metres.

Jes crews who have just competed in Anderson Final with Anderson Trophy

Back L to R Alex Morales Glynn, Paul Tannian, Niall Cahalan, Aaron de Burca Captain Tom Donohue, Thomas Hume, Dara Elberse, Tom Mc Guinness, Tom Maye, Ultan O Toole, Front Eamon Gallagher, Sam Ryan, Mark Ward, Sam Reidy, Oliver Kelly, Felix O Neill, Niall Martin. The club had a great day with two crews in the Anderson each winning it's own heat the first crew beating Bish by almost two lengths in a dominant display. The second eight beat Colaiste na Coiribe in their heat. The final was well contested but the stronger First eight won by approx. two lengths. The Jes Women's U 18 Eight won a tight final against Galway Rowing Club and girls also won the WJ 18 2- and WJ 18 2x.

Cork Regatta was initially deferred for a week and then the rescheduled event was also cancelled which was very difficult from a logistical point of view for all involved. It also meant that final Irish Trials for Homes selection which had been scheduled for Cork Regatta now became part of the Championship Regatta.

We had our largest ever entry for the **Championship Regatta** at the National Rowing Centre on the 12th,13th and 14th July. Our entry fees alone exceeded €2400. From a club viewpoint it is now a major undertaking with many volunteers involved and particular credit is due to Colette Lydon, her sisters Lourda and Deirdre, Denise Royiston, Francesca Counihan and Eamon O Toole and many others for ensuring all were looked after and transported when required.



The whole process started inauspiciously when Thomas Hume, one of our senior rowers, reported quite ill on Thursday morning. Happily he recovered and all went well.

The MJ18 Eight Championship was on Friday and our crew lost by a length to Enniskillen in the final a length ahead of a rapidly improving Bish eight. This was hugely disappointing for all as the crew had shown continuous improvement over the previous two months and were undoubtedly one of the fastest eights ever produced in the club.

Jes JW16 4+ Kate Hume, Sarah Trench, Charlotte Conneely, Sadbh Mannion Michael Faherty

On Saturday Coaches John Lawless and Mattie Kelly focused on the MJ 4+ and they produced a magnificent controlled performance in overtaking a much fancied Enniskillen Four in the final over the third quarter of the race and going on to win by almost a length. Many joyous tears were shed by supporters, parents and a few coaches in what was a very popular victory among the many clubs present.

On Sunday the WJ18 and MJ18 2- Championships were to double as trials for Homes places with the first round heats scheduled together for each event to act as time trials with the five fastest times to qualify the crews for Homes. Our crews achieved second and fourth fastest for Mens and Womens respectively thereby gaining the Homes squad places. The girls did not qualify for the actual final as their heat was by far the fastest overall and they finished third in same. The boys went through to the final. In the final they displayed great control and took the lead against a Dublin Commercial Pair in the final quarter with a

sustained burst and went on to win by a length leaving fancied Shandon and Enniskillen crews far behind.

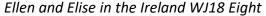
Our other crews performed very well across the board at the Championships with Tom Maye again recording a victory at this event this time in the MJ15 1x. We had 25 first years competing between boys and girls in both quads and octs and over 20 second years competing in similar events all of which augurs well for the future.

The Annual BBQ End of Season was held on Monday evening 17July and great credit to Denise Royiston and her crew for all their hard work in making the event a tremendous success. Fr Murt and our long term supporter now retired vice principal Catherine Hickey attended. A great evening was had by all and many of the other clubs in town attended. The event raised over €2500 for the club and our thanks to all involved and those who generously provided raffle prizes.

Homes Regatta Following selection of our rowers now including our cox Paul Tannian for the Homes John Lawless assisted by Mattie Kelly was asked to take charge of the J18 men's sweep squad and to use our club as base. The club facilitated this and loaned our equipment to Rowing Ireland. The Junior Squad crews selected included two all Jes Pairs ie Thomas Hume and Sam Reidy our championship winning coxless pair and Ellen Forde and Elise Carney Frazier in the women's U18 pair with both Jes pairs also rowing at stroke and seven in the respective Irish Homes J18 eights and Paul Tannian coxing the MJ18 Eight and Four. The MJ18 2- and the MJ18 8+ both won and the WJ18 2- and WJ18 8+ finished a creditable third and fourth respectively. The MJ18 4+ coxed by Paul Tannian finished second.

Homes International Regatta 27th July at Strathcylde, Scotland







Sam and Thomas in the Pair for Ireland

Best wishes to former Jes rower Aifric Keogh in the Women's Heavyweight Four and all the Irish crews at the World Championships in Linz Austria.

A copy of the form to subscribe to the Newsletter and to join the Club Ramhaiochta Naoimh lognaid is included with the Newsletter please continue to support our Club.

Newsletter Subscription Form

Includes membership of Club Ramhaiochta Naoimh Iognaid

To subscribe and join please download and complete the following and return the completed form to rowingiognaid@gmail.com

A copy of each quarterly newsletter will be forwarded to you and a copy of the club history "Eighty Years Rowing" will be sent to you. The Newsletter will be sent by email. Your subscription will be directed exclusively towards the "Boat Fund".

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