

COLAISTE



IOGNAID

Coláiste Iognáid Rowing Club Newsletter October 2017 Edition No 8.

Welcome to our Newsletter to all current and former Rowers and friends of Coláiste Iognáid Rowing Club. All previous editions of the Newsletter can be seen on our website circ.ie. and this site includes much current and archive material going back to the formation of the club.

The Newsletter will be sent to all rowers for whom we have an email address. We appeal to all to pass the newsletter on to other former rowers and to forward any contact details or suggestions to us at our e-mail address rowingiognaid@gmail.com.

Pio Murphy the former Jes rower during the sixties passed away and with his brother Kevin was a great supporter of the club, our sympathies are with his family..

Brian Forde, a very successful cox in the seventies, has had a very serious road accident a number of weeks ago and is now on a long road to recovery.

Club News

The new season commenced in late August with our first year rowing camp organised by Ed Bell with great support from the rowers, particularly former rowers Rob McInerney, Adam de Burca, Thomas Power and many others. Over sixty first years attended. The current no of registered rowers in the club is 73 and will probably be a little higher when all are finally registered. This continues our high membership from last year and bodes well for the future.



At the beginning of the training year for the existing rowers great assistance was given by Reuben Cruise, Alex Burke, Mattie Kelly and many others until late September prior to their departure to continue their education outside Galway. The club are delighted that Dave Mannion has agreed to continue in the Head Coach role and that the generous support given to Rowing Ireland by former Jes rowers facilitates this continuance.

L to R Dave Mannion, Club Secretary: Colette Lydon, Noel Hume, John Lawless and Luke Smyth

The coaches this year are John Lawless with help from Luke Coughlan, Kai Mc Glacken, Michael Sampier and John Curran for the senior boys.

Noel Hume, Gearoid Mitchel and Paul Hornibrook for the senior girls.

Brian Maye and Redmond O Brien for all second years both boys and girls.

Rob Mc Inerney, Adam de Burca, Thomas Power for the first boys of whom there are at least 16 no.

Laoise Ni Griofa, Evan Molloy and the Transition year girls for the first year girls of whom there are at least 12 no.

A number of coaches from last year were unable to continue this year due to study commitments but it is hoped that later in the season some will return.

The overall numbers actively rowing now exceeds 70 no and this presents considerable difficulties in scheduling equipment usage particularly in the shorter days when light has prevented rowing and all are involved in land training.

NUIG and Tribesmen Rowing clubs have been very helpful in allowing our rowers use of their land facilities.

The club needs additional coaches and engine drivers and would welcome assistance and suggestions in regards to same.

To get best use of the club equipment the first and second year rowers are only allowed to use the old Janousek equipment, the remainder incl the seniors use a combination of the Janousek and the original Fillippi equipment now twelve years old at least. The new Fillipi boats remain on the rack except for competition. The club purchased a new outboard engine in September and is nursing the remaining engines to ensure they remain effective for the year.

The maintenance of the older boats and engines is an ongoing work in progress.

The club had the use of four number ergometers from Rowing Ireland for the past two years due to the Rowing Programs operated by Jen Cunningham and these have now been returned. Given our numbers the club will purchase a number of ergometers and these have now reduced significantly in cost as they can be acquired (almost as new) via the Indoor Rowing Championship similar to the purchase of boats/oars after the World Championships.

Each ergometer will cost approx. €950 each and the club would welcome sponsorship in regard to these unit.

Ed Bell repairing ergometers in club



The **Annual Rowing Club Dinner** was held in the Westwood Hotel on November 9th with **Fr Murt Corry** and last season's coaches as guests of the club. Over sixty rowers attended and whilst the young ladies as always, were extremely well turned out the young men made a special effort with suits, shirts and ties much in evidence.

Daragh Coen was the deserved recipient of the Club Person of the year award. The first ever recipients of the award, Redmond O'Brien and Noel Hume were also in attendance.



Senior Men: Seamus O'Donoghue, Daragh Coen, Shane O'Halloran, Brian Maye, Caoimhin Conway and Mark Ryder. All well turned out !!

Girls Squads with coaches Redmond O'Brien, Luke Smyth and Noel Hume all at Annual dinner. All looking extremely well !

The club AGM was held on September 7th somewhat earlier than normal and was well attended by parents of rowers. This year each post was filled by approval of the attendance, and whilst there were not many candidates it was important that the candidates received the backing of the club for their roles. Padraic O'Donoghue who had given great service over a number of years retired from the committee.

The main club committee consists of Evan Molloy, Chairperson: Noel Hume, Vice Chairperson, Maria Maguire, Treasurer, Colette Lydon, Treasurer, Denise Royleston, Asst Treasurer, Lourda Lydon Little, Asst Secretary, Nuala Cahalan, Eamon O'Toole, Pat Dempsey and Fergal McGrath.

The financial position of the club was outlined at the AGM and the annual subscription for each rower was set at €400 for all rowers except first years who are €200. This subscription includes a €75 contribution to the boat fund. This combined with fundraising by the club brings in a total of approx. €35,000 which is the club target for the annual running cost excluding the insurance and ESB costs which are met by the school.

Based on costs to date this season, which reflect our increased numbers and the affect this has on entry fees and costs of travel the annual running cost is likely to exceed €40,000. This has led to a review of the transport costs. A portion of this cost will now have to be levied on the rowers per event even though it had been hoped that this could be included in the annual subscription as had been the case in previous years.

Rowing News

The club's first outing was **Castleconnell Head of the River held on October 28th**. The club brought 65 rowers including our first years who were making their competitive debuts. The weather was very kind on the day and there was a large entry of mainly junior crews from Galway, Athlone and Munster clubs.

All our crews performed very well and the club had six category wins including MJ18 4+, MJ16 8+, MJ16 4+, WJ18 4-, WJ16 4+ and WJ15 4+. The first years performed very well and completed the courses significantly faster than in previous years. This was a great tribute to the coaches and to the more experienced rowers particularly the transition year rowers who helped out with their training.

The next outing was the Indoor **Provincial Rowing Championships** held at UL in Limerick on the 25th November. The club had a large entry 45 participants from second years upwards. This is effectively racing against the clock on ergometers and is very severe with sick buckets present at all ergometers which were extensively required.

Highlight were the wins by Mark Ryder and Caoilleann Nic Donncha in the U18 mens and womens events among many wins by the club and there were many personal best performances.

Friends of Colaiste Iognaid Rowing Club

It is now time that this alumni club is brought into being.

Over the past year and a half the club has been trying to reach out to former rowers in this regard and we need your continued support. The Renewal Day was a significant success and a very enjoyable day for all who took part. The arrival of the long awaited tour boat in early 2018 will allow parents to become involved with actual rowing within the club itself and this should broaden the basis of support. It is intended to have an annual Jes at Home Ev the same day as the Renewal Day which will be July 1st 2018.

To form the alumni club will require funding the fee for registration is set at €500 per annum but will probably be discounted for an initial year as the rowing year now finishes on the 1st September. This can be met by the existing club.

The new club will need a name, club constitution, club colours for oars and rowing gear and officers of the club ie President, Captain, Secretary and Treasurer. None of these are insurmountable and the club would welcome suggestions, recommendations and volunteers. It is intended to proceed in January 2018. The purpose of the formation of the alumni club is twofold

To provide a club for former Jes Rowers to re-engage with rowing and their contemporaries on a more leisurely and social basis but this does not in any way preclude serious competitive rowing.

To allow the existing club to maximise return from existing and future funding sources.

A copy of the form to subscribe to the Newsletter and to join the Friends of Colaiste Iognaid Club is included with the Newsletter please continue to support our Club.

Newsletter Subscription Form

Includes membership of Friends of Colaiste Iognaid Rowing Club (FCIRC)

To subscribe and join please download and complete the following and return the completed form to rowingiognaid@gmail.com

A copy of each quarterly newsletter will be forwarded to you and a copy of the club history "Eighty Years Rowing" will be sent to you. The Newsletter will be sent by email. Your subscription will be directed exclusively towards the "Boat Fund".

Name	
Address Street	
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City	
County	
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Address Code	
E mail Address	
Phone no Home	
Mobile	
Years rowed in Club	
Post or email Newsletter	

The payment of the €120 annual subscription can be made directly to the following account please include your name as reference followed by FCIRC

Bank: Allied Irish Bank, 18 Eyre Square, Galway, Ireland

Account name: Colaiste Iognaid Rowing Club Fundraising Account

IBAN: IE16 AIBK 9372 2307 9270 19

BIC: AIBKIE2D